

FREE PRINTABLE

Senior cat weekly check-in

A five-minute pattern check for older cats. New changes deserve investigation, not the label 'just ageing'.

THIS WEEK

- ☐ Appetite stayed usual.
- ☐ Water intake stayed usual.
- ☐ Urine and stool pattern stayed usual.
- ☐ Body weight or body feel stayed stable.
- ☐ Jumping, stairs and getting into the litter tray looked comfortable.
- ☐ Grooming and coat condition stayed usual.
- ☐ Sleep, social behaviour and vocalising stayed usual.
- ☐ No new lumps, wounds, bad breath or eye changes noticed.

ONE-LINE NOTES

- ☐ The best moment this week: _____
- ☐ A change I noticed: _____
- ☐ Date and context: _____
- ☐ Question for the veterinary team: _____

HOME COMFORT

- ☐ Warm bed is easy to reach.
- ☐ Non-slip route connects food, water, bed and litter.
- ☐ Low-entry litter tray is clean and accessible.
- ☐ Play is gentle, low and easy to catch.

Regular veterinary checks should be tailored to the individual senior cat. Call sooner for appetite loss, weight loss, pain, breathing changes, urinary straining or marked behaviour change.

MOLLY & TIGER APPROVED