

30-Day Cat Joy Bingo

Complete any five squares in a row. Repeat favorite activities across the month and always match play and handling to your cat's health and comfort.

Slow-blink at your cat	Five-minute wand-toy hunt	Refresh a water bowl	Offer a cardboard box	Brush gently for one minute
Watch birds from a safe window	Hide three treats	Check the scratching post	Take a photo together	FREE: admire the cat
Teach a carrier treat game	Rotate one old toy	Make a paper-ball toy	Check nails and paws	Quiet sofa time
Read one EverYes Cats guide	Wash a food bowl	Let your cat choose the game	Create a blanket cave	Observe tail language
Play before bedtime	Inspect litter habits	Offer a high resting spot	Say thank you to management	Complete a Molly & Tiger game

My cat loved: _____

We will repeat: _____